



OVEREATERS ANONYMOUS REGION 5 SECRETARY

Sept 13, 2021

**RE: Region 5 2021 Fall Assembly
October 29th, 30st, and 31st, 2021 Virtual Zoom**

Dear Region 5 Intergroups, Representatives, Officers, and Trustee,

It is time to prepare for the Fall 2021 Region 5 Assembly, which will be held online virtually. We don't have a lot of time to get ready for the Fall Assembly as it is almost around the corner. There is only 6 weeks to go. So, let's get your Region 5 Mojo going and let's get to it

There are 21 documents in Packet A

- A01.R5 2021 Fall Assembly Secretary Letter.pdf
New - 4 Pages
This document you are currently reading. This document contains important and specific information for the upcoming assembly.
- A02.R5 2021 Fall Assembly Agenda.pdf
New - 4 Pages
The proposed agenda the Region 5 Chair has put together for the assembly. Even though this Assembly is virtual, it was decided that we will keep to the same schedule.
- A03_Zoom Connection Information.pdf
New - 2 Pages
This document contains information connecting to the Assembly.
- A04.FundingAssistForm2021.pdf
July 2021 - 2 Pages
If your intergroup needs additional funding to send representatives to the Assembly, please submit this form to the Region 5 Secretary by September 30th.
- A05_Region 5 2021 Spring Assembly Minutes v3.pdf
New - 8 Pages
This document is the unapproved minutes from the Region 5 2020 Spring Assembly.

- A06_Region 5 2021 Summer Conference Minutes V3.pdf
 New - 6 Page
 This document is the unapproved minutes from the Region 5 2021 Summer Conference.
- A07.R5 2021 Fall Assembly Motions.pdf
 New - 9 Pages
 Three are the motions that have been submitted for consideration at the Region 5 2021 Fall Assembly. Two of the motions involve an expansion of the responsibilities the service position “Coordinator of Virtual Meeting”. There is also a proposal to make a substantial change to the Region 5 Website.
- A08.Deanna B. Vice-Chair Application.pdf
 New - 3 Pages
 An application for the Region 5 Vice-Chair.
- A09.Keri E. Secretary Application.pdf
 New – 4 Pages
 An application for the Region 5 Secretary.
- A10.Barb K. R5 Trustee Application.pdf
 New – 4 Pages
 An application for the Region 5 Trustee.
- A20.Region 5 Bylaws 2021-03.pdf
 November 2017 - 8 Pages
- A21.Region 5 Policies and Procedures 2021-08.pdf
 August 2021 – 19 Pages
 I noticed that the sections and paragraphs were not number correctly and the table of contents was not correct, so I corrected it.
- A22.Standing Rules for Region 5 Virtual Assembly.pdf
 March 2021 – 2 Pages
- A23.Region 5 Convention Guide.2016-11.pdf
 November 2016 – 8 Pages
- A24.Region 5 AssemblyInfo 2019-01.pdf
 January 2019 – 19 Pages

- A25.Region-5-Assembly-Handbook-2020-04.pdf
April 2020 – 39 Pages
- A30.R5 Business Committee Form.docx
March 2019 – 3 Pages
Use these forms for the Business committee minutes and report.
- A31.R5 Outreach Committee Form.docx
February 2020 – 2 Pages
Use this committee report form for the Outreach sub-committee reports.
- A32.R5 Committee Contact Form.pdf
March 2020 – 1 Page
- A33.R5 Bylaws Amendment Form.docx
October 2018 – 2 Pages
Use this motion form to propose a change to the Region 5 Bylaws.
- A34.R5 Policy Amendment Form.docx
October 2018 – 2 Pages
Use this motion form to propose a change to the Region 5 Policy and Procedure manual.
- A35.R5 New Business Form.docx
October 2018 – 2 Pages
Use this motion form to put in a new business motion, such as a large budget change.
- A36.DelegateAppFor2021.docx
July 2021 – 2 Pages
The deadline for submission for Region 5 Delegate to World Service Business Conference is September 29th, 2021. We can send multiple people to World Service Business Conference.

What is not included in this packet

- Reports from Region 5 Committees and Officers of the Board. These will be in Packet B.
Available on October 15th, 2021.

Virtual Committee Meetings

I have included our standard forms we use for our committee meetings. Committee meetings will be conducted in breakout rooms in much the same way we did during the Summer Conference. When your committee meeting starts, first thing should be appointing a secretary. The secretary should take minutes for the meeting. After the meeting has closed the Committee chair should get with the secretary and write up the report. Use the format presented in document “A30.R5 Business Committee Form.pdf” for the business committee meetings.

Use the format in document "A31.R5 Outreach Committee Form.pdf" for the Committee of the Whole Subcommittee meetings. These are suggested formats I ask you to follow. Please, submit your committee reports to me by email before the close of the Assembly on Sunday. Your report is used in the Assembly minutes so, please make them concise following the suggested formats.

The Chairs are also responsible to collect and put together a roster for your committee meeting based form "A32.R5 Committee Contact Form.pdf". You can ask everybody to submit their contact information via Chat. You can save the chat window by clicking the ellipsis in the lower right side of the Chat Window.

If you have any questions, please don't hesitate to email me, or call me.

Thank you for your service.

Yours in recovery,

Joel I.

Region 5 Secretary

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