

## Each 1/Reach 1 Subcommittee

### Final Report

#### Members of the Subcommittee:

Jo A; Steve B; David C; Keri E; Lynn H; Warren H; Barb K; Shirley L; Kimberlie N; Clare W; Kerry W;

#### Review:

The Purpose of this subcommittee was: **Nurturing Recovery, one-by-one.**

At the 2018 Fall Assembly the Subcommittee agreed that the results of trying to measure the success of our outreach calls was not attainable. However, it was decided to continue the work of the subcommittee, i.e., reaching out to newcomers and those who have not been seen in the rooms on the 12<sup>th</sup> of each month. The subcommittee also agreed to review the materials on oa.org regarding a workshop entitled Carrying the Message and potentially presenting it within their local intergroups. The intent was to determine whether we would like to recommend for the program at the 2019 Region 5 Convention.

#### Follow-up:

At the November teleconference meeting, there was not a consensus to present the workshop. The subcommittee did agree, however, to continue outreach calls on the 12<sup>th</sup> of each month, particularly on December 12<sup>th</sup>, the WSO sponsored 12<sup>th</sup> Step Within Day. We would also encourage our local intergroups to participate and ask the Region 5 Secretary to send an eblast supporting the Each 1/Reach 1 initiative.

Follow-up reports of activity by members indicated that 77 attempts to contact fellow compulsive overeaters were made. The committee agreed that this was very positive and we can only hope it was helpful to newcomers and will encourage those who have left the rooms to come back.

The subcommittee will remain active until the Spring Assembly reaching out on the 12<sup>th</sup> of each month. The January and February statistics will be available at a subcommittee meeting scheduled for February 20<sup>th</sup>.

Respectfully submitted,

Jo Aslan